



ANNUAL REPORT

20 23

ARCHway Institute for Addictive
Diseases and Co-existing Mental
Health Disorders



OUR MESSAGE OF HOPE



Recovery is not only possible, it is probable when people are surrounded by the right resources & support.

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IN 2021, SAMHSA REPORTED THAT 46.3 MILLION PEOPLE AGED 12 OR OLDER HAD A SUBSTANCE USE DISORDER (SUD). IN ADDITION, 94% OF THOSE WITH A SUD DID NOT RECEIVE ANY TREATMENT.

ARCHway strives to ensure that individuals and families have access to the treatment and recovery services they desperately need in order to recover their lives.

We recognize that in addition to treatment and counseling services, individuals need access to recovery housing and recovery community organizations. They need peer services and mutual aid groups. They need transportation and other essential items. They need educational and/or career opportunities. They need it all!

ARCHway's goal is to increase access to these treatment and recovery services. We do this in a variety of ways. We get out in the community and talk about the different resources that are available. We have one-on-one conversations with families who are struggling letting them know they are not alone and guiding them to the right resources in their local community. Our scholarships provide financial assistance to those seeking services and our grants support strong recovery ecosystems. Our Underwear Drive brings in this much needed essential item for those who've basically lost everything and need a hand up.

Above all, we want you to know that we couldn't do this work without your generous and continued support. Thank you for helping us to increase access to all the treatment and recovery services individuals need to thrive! We appreciate you!

~ ARCHWAY'S BOARD & STAFF



THANK YOU FOR YOUR 5 YEARS OF SERVICE, DR. ROTTNEK!

"I am grateful for the work, vision, and creativity of the ARCHway Institute. As I move forward to support the work of other substance use treatment organizations, I will always hold close the people that make ARCHway unique. I am particularly thankful for the peers I have met. Not only are peers the secret sauce of substance use and recovery services, they are the way forward. I will continue to engage in advocacy and policy enhancement that promote peers to support individuals, families, and communities in their flourishing. I thank ARCHway for this time to learn and serve." ~ Fred Rottnek, MD

OUR MISSION

ARCHway Institute serves the community by providing education to increase awareness and transform perspectives around substance use and co-occurring mental health disorders. As an organization, we advocate for long-term recovery by providing peer support and financial assistance to expand access to care and healthy solution.

What does the ARCH in ARCHway stand for?



AWARENESS

We believe that through education and awareness efforts, we can change the stigma that is preventing people from getting the help they need and instill the hope that recovery is very much possible.



RECOVERY

We believe that recovery is possible when people are surrounded by the right resources and support, and we strive to help as many individuals and families as possible access this care.



COMMUNITY

We believe that it takes an entire community coming together to make change possible and truly support those struggling with substance use and mental health disorders.



HEALTH

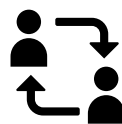
We believe that in order to help people fully recovery their lives, we must focus on the holistic health of the individual. In order to do that, we must strengthen recovery ecosystems within communities.

ARCHway Services:



EDUCATION

We educate communities about substance use and co-occurring mental health disorders in order to increase awareness, diminish stigma, and ultimately, help people heal.



PEER SUPPORT

We offer conversations to individuals and families who don't know where to turn. We provide emotional support, information, and advocacy regarding options for treatment, recovery housing, or other recovery support services.



FINANCIAL ASSISTANCE

We provide financial assistance to increase access to the treatment and recovery services that individuals need in order to reach long-term recovery.



PEER WORKFORCE DEVELOPMENT

We are working to grow and develop a more unified, empowered peer workforce to support individuals with substance use disorders.



THANK YOU FOR YOUR 10 YEARS OF SERVICE, LISA!

"I am honored to have been on the ARCHway Board for 10 years. The vision of ARCHway's leaders, supporters, and allies is truly inspirational. I will always be a part of ARCHway in whatever capacity I am asked to serve." ~ Lisa Callahan, PhD

FINANCIAL UPDATE

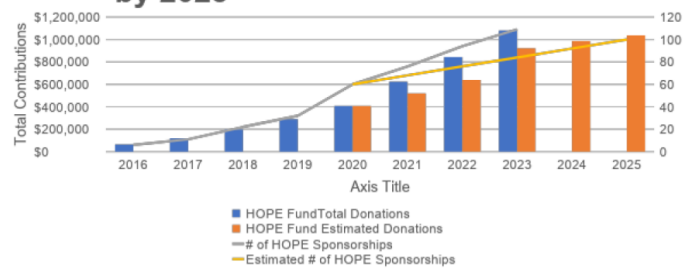
It was a successful year for ARCHway Institute thanks to YOU -- the supporters who make our work possible.



\$360,000 in Donor Support

We raised a total of \$360,000 throughout 2023 to support our educational efforts, peer support, financial assistance, and workforce development for peer support professionals.

The Target is 100 HOPE Sponsorships with \$1M in Donations by 2025

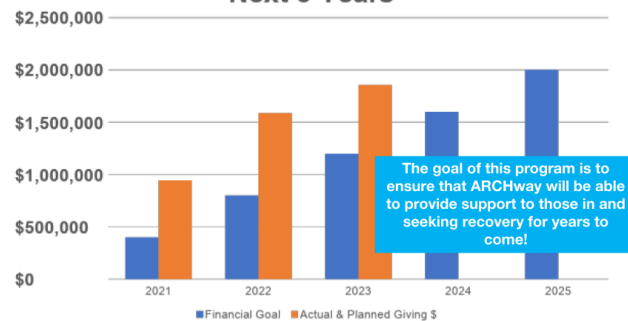


Note: HOPE Fund total donations is an accumulative number over multiple years.

\$235,000 in HOPE Fund Donations

Over \$235,000 of the total funds raised came through our ARCHway HOPE Fund Sponsors - a collection of individuals, families, organizations, and businesses who support the work that we do.

ARCHway's Goal is to Develop \$2 Million in Planned Giving Over The Next 5 Years



The goal of this program is to ensure that ARCHway will be able to provide support to those in and seeking recovery for years to come!

1 Year Reserve

To ensure the sustainability of our organization, the Board of Directors have been able to build a 1 year reserve.



Nathan Jackson
HOPE Sponsorship

"After I lost my son, Nathan, I had to try and save as many folks as I could. I did this by having Facebook fundraisers and using that money to help folks get into sober safe living and to treatment, and I even paid an insurance cobra payment. Along the way, I realized I could not save anyone and that they have to save themselves, but I still wanted to help. I was always available to talk to anyone who was struggling. I still speak to other moms with children that are struggling. I go to treatment centers and tell my story and Nathan's story in hopes I can say that one thing that will resonate with them.

I found out about the ARCHway Institute, and it turns out that my idea was also their idea. They are doing it on a much larger scale. I believe in what they do, and I feel like Nathan would approve. Everything I do is to honor Nathan, keep his memory alive. I am so blessed to have The Nathan Jackson Hope Fund at ARCHway and will continue to support them so that they can achieve success in helping folks get help and support. They have the most empathetic and kind folks that work there." ~ Rhonda Elliott (HOPE Fund Sponsor)

OUR REACH

ARCHway Institute is a National non-profit. We receive requests for help from individuals and families across the country.

\$100,000 in Grants & Scholarships Released

In 2023, we provided \$100,000 in grants and scholarships to increase access to treatment and recovery services. This was an additional \$30,000 released compared to 2022.

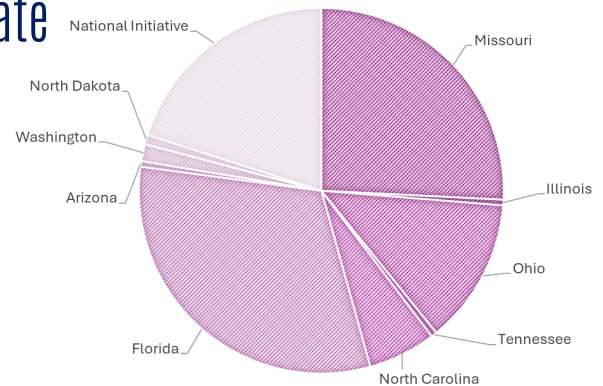
125 Individuals & Families Served

In 2023, we served 125 individuals and families directly through our Advocates for HOPE Program, providing initial peer support and resources connection.

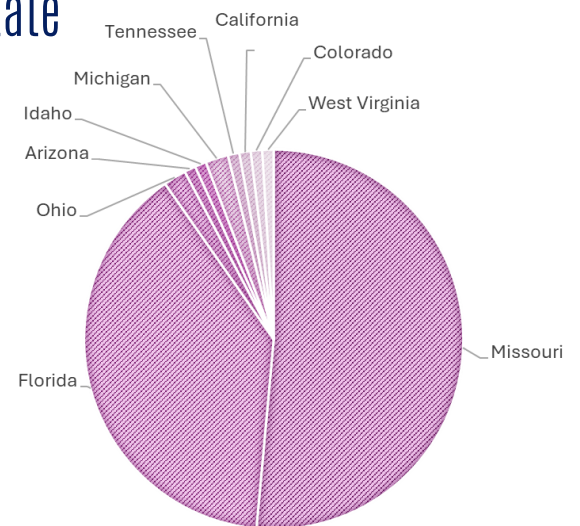
35+ Educational Events Nationwide

In 2023, we provided education at over 35 different events nation-wide. Our educational reach expands beyond these singular events to our one-on-one conversations on a daily basis with individuals, families, and community members about substance use and mental health.

Grants/Scholarships Given by State



Advocates for HOPE Requests by State



TESTIMONY SPOTLIGHT - "I was given a scholarship for my first month of rent at Invictus Woods, and it has completely changed my life. If I weren't given this opportunity, I almost certainly would have gone back into my old ways of using. I had no money and no where to go. I would have ended back up on the streets. I currently have the most clean time that I've had since I started using. I have my family back in my life, and each new day makes me hopeful that I can achieve long term sobriety. I would not be where I am today without the first month scholarship. I am forever grateful." ~ Aaron (Scholarship Recipient)

COMMUNITY IMPACT

We are bringing communities together to strengthen recovery ecosystems and make recovery possible.

100+ HOPE Fund Sponsors

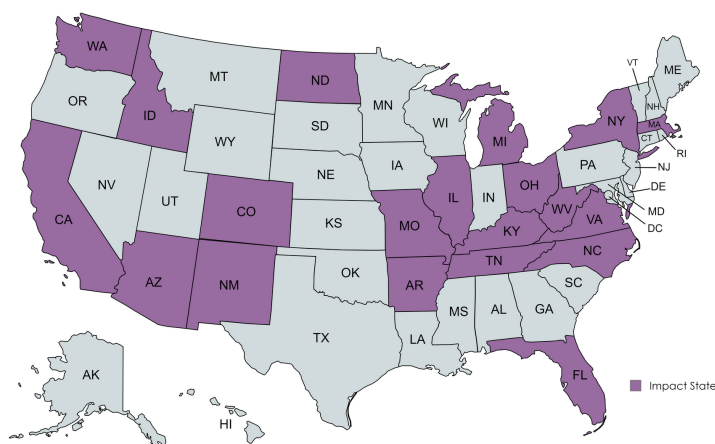
In 2023, we hit our goal of having 100 HOPE Fund Sponsors! These individuals, families, businesses, and organizations have pledged to support and fund recovery. This Community of HOPE reminds those struggling that they are not alone.

\$80,000 to Support Recovery Ecosystems

Individuals thrive when they have access to the treatment and recovery services they need. In 2023, ARCHway invested around \$80,000 and supported communities, enhancing the infrastructure that is necessary to support recovery.

7,000+ Supporters

From our donors to our newsletter subscribers and our social media followers, we have thousands of people nationwide who support our mission. Thank you all so much! This work would not be possible without you!

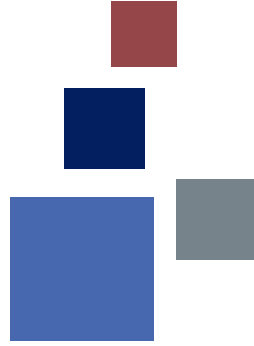


20 States & Growing

In 2023, ARCHway made an impact in at least 20 different states. We hosted events in Missouri, Ohio, Florida, and North Carolina while NPRA helped build affiliates in Missouri, Ohio, West Virginia, and Kentucky. Our requests for assistance and our educational initiatives filled in the other states that are noted above.

TESTIMONY SPOTLIGHT – “I wanted to follow up and express our gratitude for this grant. If it wasn’t for your support, many of our successful recipients would not have had the chance to embark on their journeys of long term recovery. The recipient of the last grant has been with us about a month now and is doing well...she came to us straight from jail. She has been sentenced to us, and it was very inspiring to advocate for her in court. We have created a great relationship with her probation officer, and he is inspired by her enthusiasm and willingness as well. We look forward to giving you another good report in a couple months...The positive impact you have been making in our area since day one is something I am so grateful to witness and be a part of.” ~ RYAN Healing Center, Grant Recipient

WE SUPPORT PEERS



National Peer Recovery Alliance

A Division of ARCHway Institute

500 Peers

In 2023, we brought 500 peers from 18 different states together through the NPRA network. Together, we are building a larger and stronger workforce, and we are helping more people recover.

\$50,000 Invested

In 2023, we invested \$50,000 into workforce development for peer support professionals. This came in the form of supporting NPRA initiatives including the development of our affiliates. It also included partnering with The National Alliance for Recovery Residences (NARR) to help support and build out the peer educational track at the NARR conference in 2024.

INTRODUCING JIMMY MCGILL, EXECUTIVE DIRECTOR OF NPRA



Overcoming a lifetime of incarceration and 23 years of substance use disorder, Jimmy McGill has beat all odds and is living his best life! In addition to being ARCHway's newest staff member, Jimmy is the director of Next Step Recovery Housing and former Director of Peer and Recovery Services for the state of Arkansas. Jimmy is a founding member of NPRA, so he has been involved

since its inception. He is passionate about the peer workforce, and we are excited to see all that NPRA will accomplish with Jimmy McGill at the helm.

2024 Initiatives

- 1.) Support our 6 state affiliates in Missouri, Ohio, Kentucky, West Virginia, Arkansas, and Illinois.
- 2.) Launch our new NPRA website, which will offer continuing education opportunities for peers nation-wide.
- 3.) Increase our network to include more peers nationally through social media engagement, marketing, conference attendance, and more.
- 4.) Share best practices in peer support through conferences and community events.
- 5.) Support ARCHway's Advocates for HOPE Program to ultimately help more people recover.

"Peer support ignited a flame within me, transforming every mistake into a lesson, every wasted moment into purpose. It didn't just save me; it refined me, crafting the best version of myself from the ashes of mental health struggles and substance use disorders. Now, through NPRA, I aim to light the way for millions, offering them the same transformative journey I once embarked upon." ~ Jimmy McGill, Executive Director of NPRA, a division of ARCHway Institute

2024

Calendar

FLORIDA

Golf Scramble & Tennis Mixer (Punta Gorda, FL) - March 22-23
Discovery Dinner & Auction (Ft Myers, FL) - October 25

MISSOURI

12th Annual Gala & Auction (St. Louis, MO) - April 12
Trivia Night (St. Louis, MO) - TBD

NORTH CAROLINA

Helicopter Golf Ball Drop (National) - December 7

KENTUCKY

Reach for Recovery Conference (Lexington, KY) - August 28

VIRGINIA

The National Alliance for Recovery Residences (NARR) Conference (Richmond, VA) - October 7-9

NATIONAL INITIATIVES

Underwear Drive - February/March
Igniting HOPE Celebration - May/June
September Recovery Month - September
Holiday HOPE Campaign - December

Quarterly Giving - Application Due Dates

Quarter 1 - March 1st
Quarter 2 - May 31st
Quarter 3 - August 30th
Quarter 4 - November 25th



TESTIMONY SPOTLIGHT - ARCHway was able to cover the cost of Allen's peer support certification and provide him with a laptop to complete the certification virtually. He shared, "I cannot be more grateful to ARCHway Institute for everything they have done for me. ARCHway paid for my peer support specialists course, so that I may work my way into becoming peer certified. I have completed my self-paced online course, and I am currently waiting on the course certificate, so I can continue on to be state certified. The ARCHway Institute has been simply amazing in helping me to achieve this." ~ Allen (Scholarship Recipient)