# ARCHway INSTITUTE



#### **ARCHway Institute**

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Celebrating a decade of HOPE

## Letter from the CEO

On behalf of ARCHway Institute, I want to thank you for your support and your commitment to helping those impacted by substance use and co-occurring mental health disorders. Your investment in our mission is helping individuals, families, and communities across the country who are facing the adversities of these disorders.

It truly is my privilege to serve as Chief Executive Officer, and I appreciate the opportunity to shape the organization for continued success in the future.

Over the last 10 years, ARCHway has grown exponentially to be able to serve countless individuals. For the first 8 years, ARCHway was run by a purely volunteer board and staff. What the founding families and this volunteer base have done over the years to



develop and grow ARCHway is truly an inspiration. They put their heart and soul into this work, and over the last 10 years, the organization has provided education, peer support, and financial assistance to over 52,000 people across the country.

While our work has grown and diversified, our core values and mission have remained the same. We are true advocates for the individuals, the families, and the communities struggling. ARCHway strives to help people overcome barriers to long-term recovery from substance use disorders (SUD). Since barriers vary from person-to-person and community-to-community, ARCHway listens. Listening enables us to determine what we can do to help meet those needs.

We do all this as people who have been personally impacted by SUD. We are peers, first and foremost. We understand the impact that SUD has on individuals and families. We understand the genetic and generational impact. We understand the signs and symptoms and copious resources that are available. Because many of us didn't have easy access to these resources, we strive to connect people to the resources they need to reach long-term recovery.

Although I was not around 10 years ago when ARCHway started, I like to say that the organization was founded on peer support. So over the next 5 years, we plan to continue to provide education, peer support, and financial assistance to increase access to care while supporting the growth of NPRA and the development of the peer workforce. More to come on this new and exciting initiative!

We look forward to celebrating this 10 year anniversary with YOU -- our board, staff, volunteers, and supporters -- the ARCHway family. It is because of you that we are able to help so many on their journey to recovery, so we THANK YOU for believing in ARCHway and believing in recovery.

Emily Stuckey
CEO, ARCHway Institute
emily.jung@thearchwayinstitute.org

### About ARCHway Institute

### **MISSION**

ARCHway Institute serves the community by providing education to increase awareness and transform perspectives around substance use and co-occurring mental health disorders. As an organization, we advocate for long-term recovery by providing peer support and financial assistance to expand access to care and healthy solutions.



WE ENVISION LONG-TERM RECOVERY FOR ALL!

10 YEAR ANNIVERSARY CELEBRATION

OUR FOUNDING FAMILIES

Thank you for the endless hours you've given to ARCHway over the last 10 years!

In 2012, the Stuckey family and Menzies family combined their resources and efforts to start ARCHway Institute. Both saw a need for an organization like ARCHway, built on the belief that recovery is possible, to help overcome the devastating impact of the addiction epidemic.

Watching ARCHway grow has truly blessed our hearts -- to see the support, caring, healing, and recovery in so many people.

I feel like I have been on such a roller coaster ride through this journey of recovery with a loved one, from stomach-turning to hearts healing and overflowing joy. This isn't only with our own loved one, but you feel like you are on the journey through the highs and lows with those who reach out to ARCHway as well. Even when fundraising, when you think you can't ask one more thing of someone, then you remember who and what you are raising the monies for and someone calls and says they care about what we are doing and wants to help and join our journey, then I'm ready to go back out the next day!

We have met so many wonderful people and families through our experiences. Again, we feel so blessed to have someone to walk with during this journey together."

- Jan Stuckey, ARCHway founder and secretary

treatment and housing to peers to families -- that it is hard to put into words what it has been like to watch ARCHway grow over the last 10 years.

I have overwhelming gratitude and appreciation for all the energy, time, passion, and compassion that has been shown towards me in my journey, to my family, and to the communities impacted. In addiction, you don't always see the good in the world. You feel alone. But working with ARCHway has opened my eyes and the eyes of many to the fact that there are good, caring people out there. ARCHway supporters have shown me that that there is a lot of love and support out there.

When people ask me why ARCHway has been successful, I say that we have attracted a very loyal, supportive, and compassionate volunteer base. Simply, ARCHway has become a vehicle for good people to do good things. It has been amazing to watch."

- John Stuckey, ARCHway founder

## OUR TEAM

The ARCHway team is really a family of Board Members, Officers, Staff, Volunteers, Peers, Supporters, Community Leaders, Businesses, and more

#### **Board of Directors**

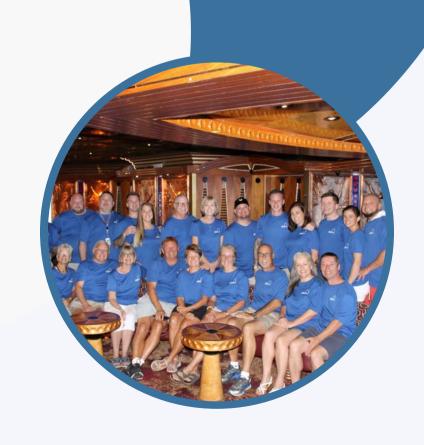
DAN STUCKEY,
CHAIRPERSON
DR. LISA CALLAHAN
MAURICE CLARETT
DAVID EHRLICH
MARK FITZSIMMONS
FRED ROTTNEK, MD
BRIAN SIEVE
DR. PAUL SIMEONE
JIM WALLIS
DONNA WHITELEY

#### **Officers**

JAN STUCKEY, SECRETARY MARCY UHL, TREASURER

#### Staff

EMILY JUNG, CEO/COO CLAIRE MENZIES, DIRECTOR OF FUNDRAISING RON DAWSON, PEER SUPERVISOR/ NPRA-MO PEER COALITION DIRECTOR STEFANIE ROBINSON, NPRA-OH PEER COALITION DIRECTOR JORDAN HAMPTON, CPS COLTON BAKER, CPS



## What we do! We are Advocates for the Individuals, Families, and Communities. **EDUCATION** We educate communities about substance use and co-occurring mental health disorders in order to increase awareness, diminish stigma, and ultimately, help

people heal.

#### PEER SUPPORT

We offer conversations to individuals and families who don't know where to turn. We provide emotional support, information, and advocacy regarding options for treatment, recovery housing, or other recovery resources.

#### FINANCIAL ASSISTANCE

We provide financial assistance to increase access to the treatment and recovery resources that individuals need in order to reach long-term recovery.

MAKING RECOVERY POSSIBLE THROUGH EDUCATION, PEER SUPPORT, AND FINANCIAL ASSISTANCE

50,000 +

PEOPLE REACHED THROUGH EDUCATION/AWARENESS EFFORTS

155 EVENTS

BOOK WRITTEN

1,200 +

PEOPLE SERVED THROUGH ARCHWAY'S ADVOCATES FOR HOPE PROGRAM

**17** STATES REACHED

11 PEERS PROVIDING SUPPORT AND GUIDANCE FOR TREATMENT AND RECOVERY RESOURCES

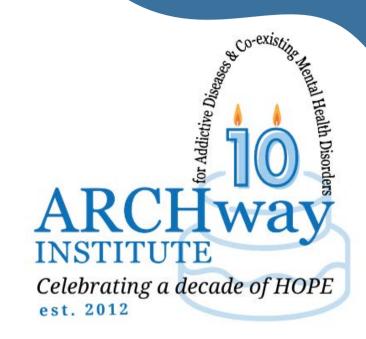
\$292,823
IN FINANCIAL ASSISTANCE
GIVEN

**273** GRANTS GIVEN FOR TREATMENT,
HOUSING, RECOVERY SUPPORTS, AND
PREVENTION

\$1,483,709

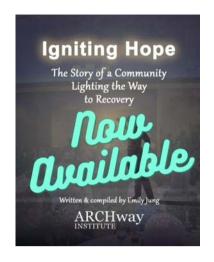
RAISED SO ARCHWAY CAN PROVIDE EDUCATION, PEER SUPPORT, AND FINANCIAL ASSISTANCE

**76** HOPE FUND SPONSORS / LEGACY OF HOPE SOCIETY MEMBERS



10 years of HOPE
10 years of SERVICE
10 years of RECOVERY

### **Educational Materials**



### Igniting Hope: The Story of a Community Lighting the Way to Recovery

This book will take you on the journey of recovery from addictive disorders. It will share with you the hope that when someone recovers, that person's recovery lights the way for others to recover as well.

#### Available on Amazon Today.

\*\*Proceeds from book sales go to ARCHway Institute to help fund recovery.

#### ARCHway Institute's "I Wish I Knew" Series

This is a series of short messages by caregivers and individuals in recovery. They share what they learned about the realities of substance use disorders and information that they wish they had known when their journey first began.



#### Available on Vimeo Today.



#### **ARCHway Institute's Speaker Series**

One of the goals of ARCHway is to increase awareness and diminish the stigma associated with SUD and mental health disorders. ARCHway has a network of potential speakers within our team who specialize in a variety of topics from addiction medicine and criminal justice to lived experience and family support.

Request a Speaker Today.

Subscribe to our <u>Newsletter</u>, Check out the <u>Resource Page</u> on our Website, and Subscribe to our Social Media Sites Below















### **Advocates for HOPE Program**

ADVOCATES FOR HOPE INCLUDES INDIVIDUALS IN RECOVERY AND CAREGIVERS AFFECTED BY ADDICTION. BOTH ARE ABLE TO OFFER SUPPORT, BASED ON THEIR OWN PERSONAL EXPERIENCE.

Often ARCHway's requests for help are from individuals and families who don't know what to do or where to go for help. They feel alone. They are fearful. They feel like there is no hope.

Our Advocates for HOPE can provide emotional support and help guide individuals and families towards the right resources whether that be treatment, recovery housing, or community support

#### **ARCHWAY PEER ADVOCATES**



Colton Baker



Dave Aumiller



Heidi Schmeling





Jordan Hampton Jake Dunnavant



John Singer

#### ARCHWAY CAREGIVER ADVOCATES



Jan Stuckey



Dan Stuckey



Donna Whiteley



Debbie Strobl

IF YOU OR A LOVED ONE IS STRUGGLING WITH A SUBSTANCE USE DISORDER, PLEASE REACH OUT TO ONE OF OUR ADVOCATES TODAY.

**CONTACT US AT** HTTPS://THEARCHWAYINSTITUTE.ORG/GET-HELP/SPEAK-TO-AN-ADVOCATE-FOR-HOPE



### Organizations Funded

#### through the ARCHway Institute HOPE Fund

**Arkansas** 

**Next Step Recovery Housing** 

Arizona

Parents of Addicted Loved Ones

Colorado

Hornbuckle Foundation Red Rocks Recovery

Florida

Aspell Recovery

Bridgeway Behavioral Health

Charlotte Behavioral Health Care

Drug-Free Punta Gorda

Harvest House

Horses Healing Hearts

Intracoastal Sober Living

**Justified Ministries** 

The Lee County Coalition for a

Life of Purpose

Drug-Free Southwest Florida

Naples House

New Life Sober Living

Nextep Recovery

Operation PAR

Oxford House of Florida

**PEARLResidence** 

The Phoenix House Project

**RYAN** 

Surrender House

White Sands

Illinois

Invictus Woods

Take Action Today

Indiana

Celebrate Freedom

Maryland

Awaken Recovery

Grace House Recovery Services

Nikki Perlow Foundation

Missouri

Addiction is Real

Assisted Recovery Centers of

America

Behavioral Health Network of

Greater St. Louis

Chestnut Health Systems

Child & Family Empowerment

Center

Community Counseling and

**Housing Services** 

Community Partners in Prevention

Depression Bipolar Support Alliance

of St. Louis

Freedom Recovery Foundation

Hanani House

Harris House

Haven Recovery Homes

Healing House

Hilljack House

**Hope Creates** 

In2Action

Learn to Live Recovery

LIV Sober Living

The Mission Gate Christian Center

Mission Missouri

Missouri Coalition of Recovery

Support Providers

Missouri Mental Health Foundation

Missouri Recovery Network

MoBetter Living

PreventEd

Recovery House of STL

Simmering Center

St. Kolbe Puckett Center for

Healing

Nevada

Life Changes

North Carolina

**Healing Transitions** 

**TROSA** 

Ohio

Bridges to Discovery

Glenbeigh Treatment

Glenbeigh - Niles House

Hope Recovery Counseling

Hope Recovery Community

Keys 2 a 2nd Chance

The LCADA Way

Lighthouse Behavioral Health

Solutions

Marin's Hope

Marion Direct

Missy House

**New Foundations Transitional** 

Living

Nikki's House

**Opal House** 

The Red Zone

**Shapway Limited** 

Tennessee

Footprints to Recovery

Youth Town of Tennessee

West Virginia

West Virgina Sober Living

10 YEAR ANNIVERSARY CELEBRATION



1 in 3 families is directly impacted by substance use disorders (SUD).

1 in 10 individuals in the US has a SUD, and less that 20% actually seek treatment.

There were an estimated 100,306 drug overdose deaths in the US during the 12-month period ending April 2021, an increase of 28.5% from the 78,056 deaths during the same period the year before.

Above all, we do this work because we know that recovery is possible when people are provided with the right resources, support, and life-saving care.

We do this work because recovery looks like the faces above!

### ADVOCATES FOR FAMILIES



#### **Meet the Devine Family**

KIM DEVINE REACHED OUT TO ARCHWAY ABOUT HER DAUGHTER, JENNIFER, WHO WAS LIVING IN COLORADO AT THE TIME. OUR ADVOCATES FOR HOPE OFFERED JENNIFER GREAT RESOURCES FOR EDUCATION AND HELPED HER FIND A QUALITY TREATMENT

"When I was at the height of our family crisis,
ARCHway was just there for us. They reached out to us
within 24 hours." - Kim Devine



#### **Meet the McLaughlin Family**

TERI AND TODD REACHED OUT TO ARCHWAY ABOUT THEIR SON, COLE, WHO LIVED IN COLORADO. ONE OF OUR ADVOCATES FOR HOPE REACHED OUT TO COLE. THROUGH CONVERSATION, COLE DECIDED HE NEEDED A CHANGE IN ENVIRONMENT. HE MOVED TO STL, AND ARCHWAY CONNECTED HIM TO BOTH TREATMENT AND RECOVERY HOUSING. TODAY, COLE IS IN LONG-TERM RECOVERY, AND HE RECENTLY BECAME A FATHER.

"If it wasn't for ARCHway, Cole probably wouldn't be alive today." - Teri MacLaughlin



#### **Meet the O'Brien Family**

MR. AND MRS. O'BRIEN REACHED OUT TO ARCHWAY ABOUT THEIR SON, DANNY. ARCHWAY'S ADVOCATE FOR HOPE CONNECTED DANNY TO TREATMENT AND RECOVERY HOUSING, AND TODAY, DANNY IS LIVING HAPPY, JOYOUS, AND FREE IN HIS RECOVERY.

"I got my son back thanks to ARCHway." - Mrs. O'Brien

## STORIES OF HOPE



#### **Meet Adrian Deiman**

An ARCHway grant paid for Adrian's first month of recovery housing at New Life Sober Living in Florida. Adrien said, "My life today is nothing short of a miracle! In the last 4 years sober, I married my best friend and the love of my life. My mother has forgiven me, and we speak almost daily...and I am able to be an example for our daughters." She added, "ARCHway provided me with an opportunity to get "clean time" and without that I would have used, and I know, without-a-doubt, I would not be alive." For more of Adrian's story, click <u>HERE</u>.

#### **Meet Courtney Collier**

Courtney is a person in long-term recovery from a substance use disorder. He utilized outpatient treatment, recovery housing, peer support, and his faith, a strong belief in God, in his process to recovery. ARCHway provided a scholarship that helped to pay for Courtney's first month's rent in recovery housing. Today, Courtney is a Certified Peer Recovery Specialist in the state of Tennessee. He works in various roles, one of which is as a Telehealth Coordinator at a treatment agency called Pathways. For more of Courtney's story, click HERE.



## PEER SUPPORT & GRANT RECIPIENTS

Dear ARCHway Institute,

My son is currently a resident at Glenbeigh in Niles. His residency there has allowed him to slowly, with the guidance and support he needs, to fully recognize his true self and the man he needs to become. Through addiction, he lost his job and sent himself and his family through very traumatizing events. The loss left us in difficult financial positions. Your generosity has allowed us and my son to focus on mental and physical health. To life the burden of paying rent is a blessing to us and this kind of generosity is beyond measurable - we could never thank you enough. For all the lives you have touched, I pray that they will be a blessing to those afflicted by addiction.

God bless your organization. With heartfelt thanks, Doug, Gina, Dylan, Douglas, Drew, and Elizabeth



"Words cannot explain how grateful I am for the opportunity you have presented me. I plan on taking full advantage of it, and utilizing the NA program to create a life beyond my dreams. Once again, I just want to thank the ARCHway Institue for supporting me in my recovery." - Anonymous



"I would like to let you know just how grateful I am for this opportunity. You have drastically altered the path of my life. It would have more than likely only been a matter of time before the cycle of addiction had me in it's grasp again." - Anonymous "It is with the support and encouragement such as yours that we are able to positively affect the health and quality of life of men and women in recovery. Your contribution helps lay the foundation for a better world tomorrow. We hope to raise awareness and education of this baffling and cunning disease, to break the silence and stop the stigma! It is a disease, not a disgrace! On behalf of our Board of Directors, staff, families, and the people we serve, thank you.

In gratitude, Camilla Rabjohns (Cofounder/Execuitve Director of Invictus Woods)



"I cannot thank you enough for making my sobriety my #1 concern instead of money issues." - Anonymous



"I cannot thank all of you at ARCHway enough for helping me financially during the beginning of my journey towards a clean and sober life. Yesterday was 60 days sober, and I could not have done this without you. May God bless you. - Anonymous



### **Thank YOU**

to the following HOPE Fund Sponsors & Legacy of HOPE Society Members for their ongoing support and financial contributions towards the ARCHway mission.





































































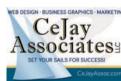






































Chapel Hill ~ Carrboro Sunrise North Carolina Rotary Club





























### ARCHWAY STARTED FROM A STORY OF HOPE

John Stuckey, ARCHway's founder, is in long-term recovery from opioid use disorder. After five years of suffering, John found recovery through Medication-Assisted Treatment (Vivitrol), recovery housing, Cognitive Behavioral Therapy, and peer support.

John went to outpatient treatment at Assisted Recovery Centers of America where he would meet Percy, Judy, and Suneal Menzies. The Menzies showed sincere love and empathy towards the Stuckey family, and they were motivated to help them on their recovery journey. They didn't give up!

John started his recovery journey in 2012 on Thanksgiving Day. With support from ARCA and the love of his family, he was able to spend time with his family that Thanksgiving.

Did you know that ARCHway started with a cup of coffee? In December of 2012, John was eager to give back. He started a coffee business with all proceeds going towards helping people get into recovery housing. His dream would only grow from there!

### 2012







## 2013-2014

#### **FEBRUARY - 2013**

By February, Suneal had approached John about turning his coffee business into a true non-profit organization. The two founding families would spend each Saturday working on the mission, vision, bylaws, structure, and goals of the organization.



#### **MARCH - 2013**

The family goes public! John, Dan, and Jan Stuckey share their story for the first time on a local radio show. ARCHway makes its deput to the world!

#### **JUNE 13, 2013**

ARCHway hosts its 1st STL Gala raising \$10,000 to fund recovery.

#### **SEPTEMBER 10, 2013**

The organization's 1st official Board of Directors Meeting was held with Phil Traecy as the Chairman

#### **SEPTEMBER 26, 2013**

1st Charity Golf Event held in Ohio. This was our 1st partner fundraiser with Glenbeigh Hospital.

#### **JUNE 18, 2014**

ARCHway Institute is formally established as a 501(c)3.

#### **AUGUST 22, 2014**

ARCHway continues to grow its network in Ohio through appearing on Rock and Recovery Radio.

#### SEPTEMBER - 2014

Dan Stuckey steps in as Chairman and 3 new board members are added.

#### **MARCH 14, 2015**

ARCHway hosts its 1st Charity Golf Event in Florida.

#### **OCTOBER 18, 2015**

Strategic Board Meeting is held in St. Louis. The Board determines ways to fundraise beyond golf events and galas.

#### **JANUARY - 2016**

ARCHway HOPE Fund is launched raising a total of \$65,000 in the 1st year!

#### **MARCH - 2016**

ARCHway partners with the Ben Lucas Foundation & Laborers' Local 110.

#### **SEPTEMBER 21, 2016**

ARCHway's 1st major Education Event in Marion, OH. in partnership with ADAMH. Author Sam Quinones speaks about his book, *Dreamland*. ARCHway did a total of 5 speaking events in 2016, but this was, by far, the largest!

#### **DECEMBER 3, 2016**

ARCHway hosts 1st event in North Carolina -- The Helicopter Golf Ball drop in partnership with the Chapel Hill Carrboro Sunrise Rotary Club and TROSA.

## 2015-2016





## 2017-2018

#### **JANUARY 2017**

In 2017, ARCHway launched it's Speaker Series & other educational materials. This included the "I Wish I Knew" Series for caregiver support.

#### **MARCH 2017**

ARCHway partners with Charlotte County Sheriff's
Office and Charlotte Behavioral Health Care for the 1st
time to do the Florida Golf & Tennis Event.



#### **OCTOBER 4, 2017**

ARCHway hosts its 1st event in Colorado thanks to local volunteers, Bill and Sheri Crittendon.

#### **DECEMBER 2017**

ARCHway hosts its 1st Holiday HOPE Campaign focused on relapse prevention during the holidays.

#### **JANUARY 2018**

ARCHway does another strategic planning session. This plan focused on building ARCHway's Advocates for HOPE Program (peer support).



#### **MARCH 2018**

ARCHway presents its 1st award to Don Willey at the 2018 STL Gala.

#### **MARCH 23, 2018**

ARCHway hosts its 1st educational event in Arizona in partnership with the OSU Alumni Club. Maurice Clarett spoke at this event.

#### **MAY-SEPTEMBER 2018**

ARCHway hosts 1st May-June HOPE Fund and September Recovery Month campaigns.



### JANUARY 2019

ARCHway becomes an active participant in Drug-Free Punta Gorda Coalition.

#### **FEBRUARY 2019**

ARCHway and PreventEd start their formal partnership - ARCHway brings on two peer support specialists for this contract.

#### **MARCH 2019**

Mark Shields steps in as CEO/COO of ARCHway Institute.

#### **SEPTEMBER 2019**

ARCHway peers start attending classes at St Louis University to support peer workforce development.

#### **OCTOBER 2019**

ARCHway hosts its 1st event in Fort Myers, FL. thanks to volunteer, Debbie Strobl.

#### **OCTOBER 31, 2019**

ARCHway hosts the 1st Cruise for Recovery.

#### **APRIL 2020**

ARCHway steps up despite COVID-19 pandemic to host a COVID relief campaign for struggling recovery housing providers.

#### **JUNE 2020**

ARCHway hosts the 1st Virtual Education & Awareness Event

#### **SEPTEMBER 2020**

ARCHway hosts a Virtual Concert Series to continue to bring the ARCHway and recovery community together despite COVID shut down.

#### **SEPTEMBER 2020**

John receives Mental Health Champion Award from MMHF.

## 2019-2020



2021-2022

#### **JANUARY 2021**

Emily Jung steps in as ARCHway's CEO/COO.

#### **JANUARY 2021**

ARCHway launches Legacy of HOPE Program.

#### **MARCH 2021**

ARCHway writes and publishes book called Igniting Hope: The Story of a Community Lighting the Way to Recovery.

#### SEPTEMBER 2021

Claire Menzies comes on staff as new Director of Fundraising

#### **JANUARY 2022**

ARCHway partners with the National Peer Recovery Alliance.

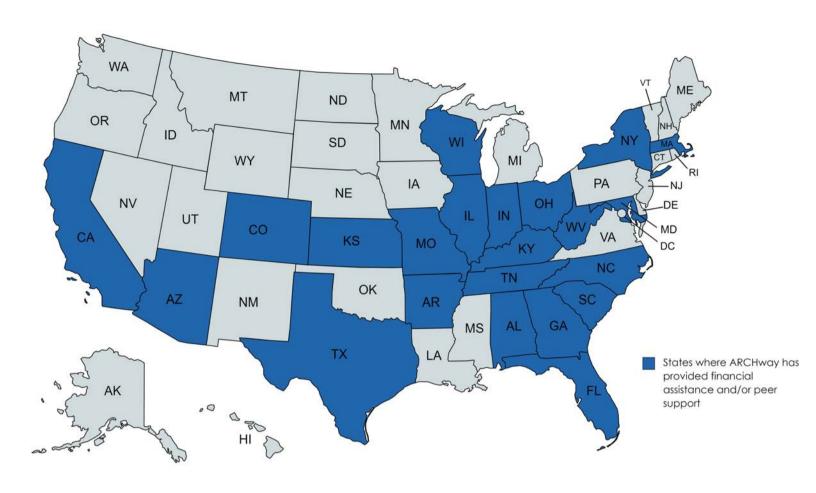
#### **FEBRUARY 2022**

ARCHway brings on Ron Dawson and Stefanie Robinson to work part-time and help with peer coalition development in Missouri and Ohio.



2022 ARCHway Celebrates 10 Years!

10 YEAR ANNIVERSARY CELEBRATION



# ARCHway Institute makes a National Impact

What's Next?

## THE FUTURE OF ARCHWAY

ARCHway was founded on peer support, and it has chosen to invest the next 5 years in strengthening the peer workforce!

Plans to accomplish this include:

- 1.) Partnering with the National Peer Recovery Alliance (NPRA). As NPRA's sponsoring non-profit, ARCHway will help to elevate and empower the peer workforce.
- 2.) Building our Advocates for HOPE Program to help more people across the country who don't know where to turn. This will include building in education for these Advocates for HOPE.
- 3.) Helping NPRA in developing state-wide affiliates. In 2022, we will be working to develop these affiliates in Missouri, Ohio, Florida, and West Virginia.



ARCHWAY WAS
BUILT ON PEER
SUPPORT

AND

PEER SUPPORT WILL
REMAIN AT THE
CORE OF OUR WORK
AND GROWTH.

## WE BELIEVE IN RECOVERY.



## THANK YOU FOR BELIEVING WITH US!