

Quality Indicators & Questions to Ask when Determining the Right Treatment/Recovery Support for You or a Loved One



ARCHway supports Recovery-Oriented Systems of Care's (ROSC). As defined by [ATTC](#), "A ROSC is a coordinated network of community-based services and supports that is person-centered and builds on the strengths and resiliencies of individuals, families, and communities to achieve abstinence and improved health, wellness, and quality of life for those with or at risk of alcohol and drug problems.

These ROSC's include:

- Treatment Provider
- Recovery Housing Providers
- Recovery Community Organizations
- Prevention

The following are indicators of quality treatment providers, recovery housing providers, recovery community organizations, and prevention. Also included are a list of more in depth questions to ask when speaking with these establishments.

1. Treatment Providers:

a. Quality Indicators:

- i. Organizations that are [CARF accredited](#) or equivalent
- ii. ASAM Criteria is a great resource as well - <https://www.asam.org/asam-criteria/about>
- iii. Medication-assisted treatment (MAT) friendly

b. Questions to ask:

- i. What will the patient's treatment plan look like?
- ii. If residential, how does your program help to transition the patient to outpatient, other acute care?
- iii. What additional recovery community supports does a patient have access to through your services? (i.e. recovery housing, RCOs, counseling, education and career exploration)
- iv. Does your program offer any state or federal funding to support individuals without insurance (if applicable)?

2. Recovery Housing Providers:

a. Quality Indicators:

- i. ARCHway provides funding to NARR or NARR affiliate accredited recovery residences.
- ii. Refer to [NARR Code of Ethics](#) for additional quality indicators.

b. Questions to ask:

- i. Is the recovery house medication-assisted treatment (MAT) friendly?
- ii. Explain the houses practices for drug testing and overall accountability.
- iii. What is the cost of rent? How are operational and financial decisions made?
- iv. How do you work to maintain a safe and recovery friendly environment for those you serve?

3. Recovery Community Organizations:

a. Quality Indicators:

- i. RCOs that are accredited through Faces and Voices of Recovery (FAVOR) are quality; however, there are many working and effective RCOs that are not yet accredited through FAVOR.
- ii. ARCHway provides funding to [ARCO](#) members
- iii. Refer to FAVOR's determination of [best practices in RCOs](#) for additional quality indicators.

b. Questions to ask:

- i. Is the RCO a non-profit with a current 501(c)3 status?
- ii. Is the RCO peer-led?
- iii. What is the primary focus within the RCO? What kind of services do you provide?
- iv. What involvement does your RCO have within your community?

4. Prevention:

a. Quality Indicators:

- i. Use of evidence-based curricula for the age group
- ii. "Effective prevention programs are intended to diminish risk factors and promote protective factors for substance use,"
(<https://www.ncbi.nlm.nih.gov/books/NBK207270/>).
- iii. Promotion of overdose education and naloxone distribution

b. Questions to ask:

- i. What evidence-based curriculum do you use?
- ii. How do you address different age groups when educating children and teens on prevention strategies?
- iii. How do you address risk and protective factors within your curriculum?
- iv. Do you offer overdose education and naloxone distribution at your site for adult prevention/harm reduction?