



ARCHway Institute

Virtual Education & Awareness Event

Prevention

About our Speakers!

Jessica Wong, CPP

National Director of Youth and Patient Care Network with the Hazelden Betty Ford Foundation

Jessica Wong is currently a Director, overseeing Business Development for youth services and the Patient Care Network at the Hazelden Betty Ford Foundation, the nation's largest non-profit addiction treatment provider. For over 15 years, Jessica has officed out of the Hazelden Plymouth location, which serves adolescents, young adults and families struggling with addiction and co-occurring mental health issues from across the country. In her role, Jessica oversees a team of individuals whose primary function is to provide resources and education to professionals and families around the topics of addiction, recovery, and mental health. Jessica is a Certified Prevention Professional by the State of Minnesota. In addition to her work with addiction, Jessica is a well-known local and national thought-leader and speaker on the topic of teens and technology to parent and professional audiences alike. Jessica is a volunteer crisis intervention counselor, and holds her bachelor's degree in Professional Journalism and Mass Communication, with a Minor in Sociology of Law, Crime and Deviance from the University of Minnesota. She is currently pursuing her Masters in Addiction Studies from the Hazelden Betty Ford Graduate School for Addiction Studies.

Kelly Prunty

Co-founder & Executive Director of Addiction is Real

Kelly is the co-founder of Addiction is Real, and she has been Executive Director for three years. Kelly graduated with a Master of Science in Integrated Marketing Communications from Northwestern University. She and her husband, Kevin, live in St. Louis and have four children. Having faced generations of addiction in her own family, Kelly is passionately committed to helping parents understand the dangers of substance use and how they can prepare and protect their own children from the harrowing trials of addiction.

Jenny Armbruster

Deputy Executive Director of The National Council on Alcoholism and Drug Abuse (NCADA)

Jenny Armbruster is the Deputy Executive Director for NCADA in St. Louis. She holds a Master's in Counseling degree and has been employed with NCADA since 2007, with over 18 years working in social services. As the Deputy Executive Director, Ms. Armbruster oversees NCADA's Counseling Program, Community Prevention and Education efforts. In addition to these areas, Jenny also provides supervision for NCADA's opioid education and naloxone program. She is a Certified Reciprocal Prevention Specialist, Licensed Professional Counselor and Youth Mental Health First Aid facilitator.



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Prevention Resources

Our speakers come with a wealth of resources. After the presentation, if you are looking for a particular resource from one of our speakers, feel free to reach out to Emily Jung at emily.jung@thearchwayinstitute.org.

Presenting Partners:

Hazelden Betty Ford Foundation: <https://www.hazeldenbettyford.org/>

Addiction is Real: <https://www.addictionisreal.org/>

- Hidden in Plain View Virtual Bedroom: <https://hipv.addictionisreal.org/>

The National Council on Alcoholism and Drug Abuse: <http://ncada-stl.org/>

Drug Free Coalitions are always a great place to start when you are searching for community prevention resources. Two Florida partners of ARCHway are:

Drug Free Punta Gorda: <https://www.drugfreepg.com/>

The Lee County Coalition for a Drug Free SWFL: <https://www.drugfreeswfl.org/>

Additional Information:

- Missouri Department of Mental Health on Prevention: <https://dmh.mo.gov/alcohol-drug/prevention>
- National Institute on Drug Abuse (NIH) on Prevention: <https://www.drugabuse.gov/publications/preventing-drug-use-among-children-adolescents/chapter-4-examples-research-based-drug-abuse-prevention-programs/universal-programs>
- SAMHSA on Prevention of Substance Use: <https://www.samhsa.gov/find-help/prevention>
- National Institute on Alcohol Abuse and Alcoholism (NIAAA), <https://www.niaaa.nih.gov/>
- National Institute on Drug Abuse (NIDA), <https://www.drugabuse.gov/>
- Mental Health America of Eastern Missouri: Experts and resources that foster health and resiliency, <https://www.mha-em.org/>
- Dispose RX - <https://disposerx.com/>, properly dispose drugs

Resources from speaker, Jessica Wong, CPP

- www.topsecretproject.org
- Documents:
 - Concerned your Child is Using

- Conversation Starters
- Engaging Families
- Intervention Tips
- Items in the Room

ARCHway's Advocates for Hope:

<https://thearchwayinstitute.org/get-help/speak-to-an-advocate-for-hope/>

ARCHway's Advocates for Hope are a great way to connect with individuals thriving in recovery and caregivers affected by addiction. These advocates can provide support and help in navigating recovery resources. Reach out today for support.